Dates & Updates

June 12th 2020



308-935-1222

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Hours: M-F 10-6 Sat. 10-5 Sun. Noon-5

sunvalleynursery.org

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The Custer County Foundation- 2020 Spring Grant-Ansley recipients!!

Ansley Alumni-\$1,500 -Sand Volleyball Court

Ansley Public School-\$6,000 - Playground Equipment

Ansley Rural Fire Board-\$3,600 -Fire Gear



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Melissa Larson 308-750-2419

NATIONAL JERKY DAY – June 12

National Jerky Day on June 12th each year celebrates the rich history, immense popularity, and nutritional benefits of dried meat snacks.

This nutrient-dense meat is made lightweight by drying. A pound of meat or poultry will weigh only about four ounces after transforming it into jerky. Properly prepared jerky can be stored for months without refrigeration because the drying process removes most of the moisture. Salt added to the meat before the drying process begins helps to prevent bacteria from developing.

The word "jerky" is derived from the Spanish word *charqui*, which came from the Quechua (a Native South American language) word *ch'arki*, which means to burn (meat).

Convenience stores, gas stations, supermarkets and variety shops all across the United States offer traditional jerky in individual servings and in larger packages, too. They also offer it in a variety of flavors and add spices for additional heat. While on road trips, camping, or even long-distance flights, jerky staves off hunger until the next meal. It's easy to pack, too. So easy, in fact, that due to its lightweight and high level of nutrition, it's even been to space. Since 1996, astronauts have selected jerky as space food several times for space flights.

SMOKED TERIYAKI JERKY

PREP TIME **15** Minutes COOK TIME**4** Hours SERVES **6 – 8** People



INGREDIENTS

1/2 Cup soy sauce
1/4 Cup mirin or sweet cooking wine
2 Tablespoon sugar
3 coins fresh ginger, each ¼ inch thick
1 Clove garlic, crushed
1/2 Teaspoon onion powder
1/2 Teaspoon black pepper
2 Pound trimmed beef top or bottom round, sirloin tip, flank steak or wild game

STEPS

In a mixing bowl, combine soy sauce, mirin, sugar, ginger, garlic, onion powder and black pepper.

With a sharp knife, slice the beef into 1/4-inchthick slices with the grain. This is much easier to do if the meat is partially frozen. Trim off any fat or connective tissue.

Put the beef slices in a large resealable plastic bag and pour the marinade over the beef. Massage the bag so all the slices get coated with the marinade. Seal the bag and refrigerate for several hours or overnight.

When ready to cook, set Traeger temperature to 180°F and preheat, lid closed 15 minutes.

Remove the beef from the marinade and discard the marinade.

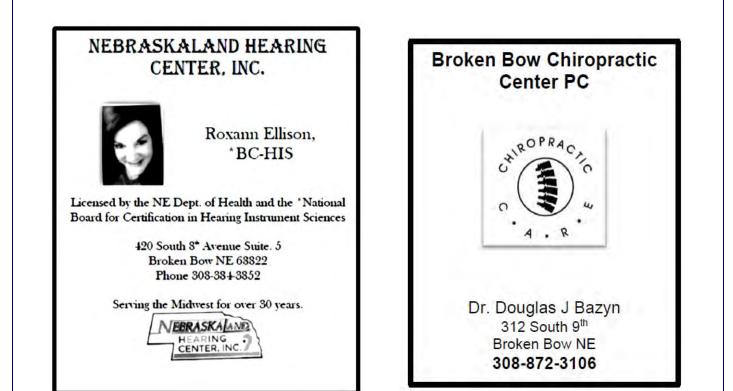
Dry the beef slices between paper towels and arrange the meat in a single layer on the grill grate.

Smoke on the Traeger for 4 to 5 hours or until the jerky is dry but still pliant when bent.

Immediately transfer the jerky to a resealable plastic bag and let it rest for an hour at room temperature.

Squeeze the air out of the bag and keep the jerky in the refrigerator. Enjoy!





14	15 Meatballs & Mashed Potatoes	16 Loaded Nachos	17 Scalloped Potatoes & Ham	1 8 Pigs-in-a Blanket	19 Chicken Sandwich	20
21	22 Beef Sticks	23 Chicken Teriyaki	24 Biscuits & Gravy	<mark>25</mark> Pizza	26 PB&J's or Wraps	27
28	29 Chicken Nuggets	30 Chicken Spaghetti	Grab & Go Summer Lunch Program Ansley Public School Commons Area Monday-Friday 11:30am-12:30pm Kids 18 & Under-FREE Adults- \$5.00			



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ANSLEY BACKPACK PROGRAM

NEEDS

Spaghetti-O's

Canned chicken

Canned tuna

 Hygiene Items - toothpaste, toothbrushes, detergent pods, dryer sheets, 2:1 shampoo/cond.

Flatwater Bank proudly supports the Ansley Village Teacher Organization's Backpack Program. Join us in the fight against hunger by dropping off donations at the bank.

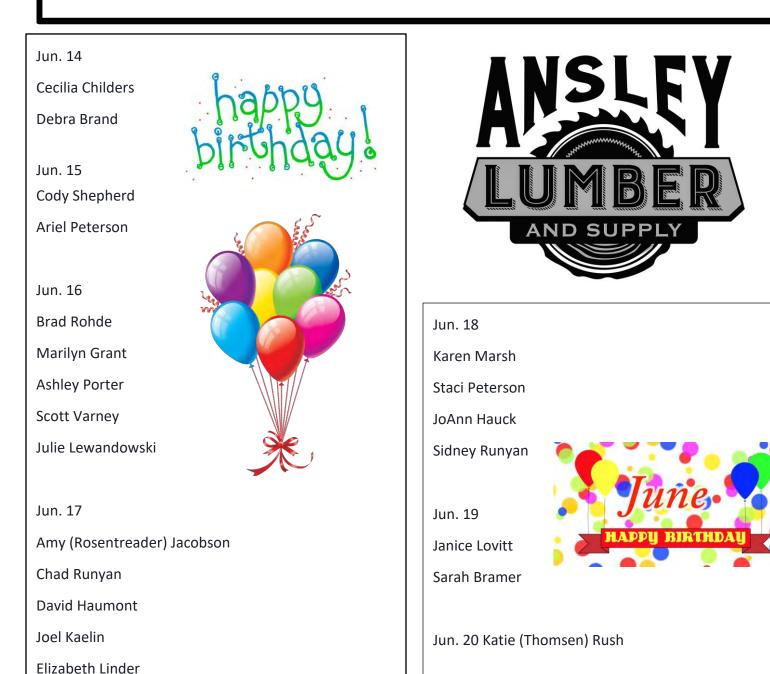
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Ansley Bloodmobile Big thanks to John Jones, our coordinator, from Kearney who did the bloodmobile due to the virus. I have been told he did a good job! Presenting: 26 Deferrals:1 Single Units: 23 Double Reds: 2 (Shane Rohde, Tom Bailey) Total Good Units: 27

There was no food furnished by us, also no workers.

Next Bloodmobile will be 6/2/20 at the community building. Retha & I hope to be there!



Ansley Bloodmobile On June 2, 2020 it was a great, great day! We had the most in a long time with 71 good units. Presenting: 65 Deferrals: 1 Partials: 1 Double Reds: 8 Gordon Goodman Garlvn Lane Michael Clarke Michael Benedict Colby Taylor **Bob** Holland Lance Bristol Mike Bailey

A big thanks to John Jones & Nicole Johnk, our coordinators, who have done our last two drives. I really missed them both, as I like to be sure enough water is drunk! Our budget remains at \$263.69. Next Bloodmobile is Wednesday, August 19th at the school.



10 am- 8 pm Dining room OPEN

Monday-Chicken Fajitas Served with Rice & Beans

Tuesday-Steak Torta Served with French Fries or Tater Tots

Wednesday-Enchiladas Verdes Served with Rice & Beans

Thursday-Chicken Taquitos Served with Rice, Beans & Salad

Friday-Tri Mix Fajitas Chicken, Steak, & Shrimp Mixed with Bell Peppers & Onions Served with Rice & Beans

Taco Saturday Your Choice Steak or Chicken Served with Rice & Beans

NEW

Taco Box-\$30 20 Tacos (Soft or Crispy) Rice & Beans~2 Drinks



Certificate of Recognition

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J. Chris Hrouda, President **Biomedical Services**



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To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

- 1 Go to www.treering.com/validate
- 2 Enter your school's passcode: 101575318262520

Regular Price: \$15.37 "Does not include sales tax, if applicable Deadline: Jun 15



Are you up for a challenge?

"You Give with Your Heart"

These are the words Roy Yanagida, one of the original founders of the Custer County Foundation said when he generously donated \$200,000 to the Foundation. He has also challenged us to raise an additional \$100,000 by the end of the year and he will MATCH those donations dollar for dollar!

Only \$14,000 left to reach our goal, will you help?

- Donate by check Put Yanagida Challenge in memo line
- Donate online text CCFMATCH to 443-21

Please consider giving from YOUR heart and double your donation by accepting the Yanagida Challenge!

Mail: PO Box 304 Broken Bow, NE 68822 Email: custerfoundation@msn.com Phone: 308-872-2232

To see all the good things the Foundation does for Custer County, please visit custercountyfoundation.org





Summer is fastly approaching and Ansley Public Schools will be able to host a <u>Summer Library Program</u> by following the state's health directive guidelines due to Covid 19. This year's theme is <u>Imagine Your Story!!!</u> It will run Monday through Thursday, beginning June 29th and ending July 23rd! We will be splitting up the time this year into two group sessions. The first session will be 9:00 am to 10:15 am and the second session will begin at 10:30 am to 12:00 pm. (we are asking that you do not

drop your child(ren) off before 8:55 am. for the first session and 10:25 am for the second session.) This year the Summer Library Program is offered to the students that were in Preschool to 5th grade this past school year 2019 2020. Every Friday you will get a zoom link and I will be reading a book that your children can listen to. This will be pre-recorded so you will be able to view at your convenience.

This year due to the Covid 19 guidelines we are asking that you please complete the enclosed registration form and return it to the school no later than **June 12th**. Each session will consist of no more than 10 kids. This is so we can follow the six feet apart directive. We will have some stations, but things will not be like in the past for everyone's safety.

We ask that your child(ren) please bring some type of water bottle filled with water, the water fountains will not be accessible. The bathrooms will be accessible, but not for filling water bottles.

We ask that you please discuss with your child(ren) that they will need to stay in the library during this time, wearing a mask is recommended, keep their hands to themselves and keep six feet apart from one another. We understand that this will not be easy for them, but it is necessary due to the health directives.

If you choose to send your child(ren) to Summer Library the student and the parent will be required to sign a waiver for the school. This will be done only if you choose to send your child(ren) to one of the sessions.

I know this will be different from the previous years; however, this is a positive step and a chance to have the students come back into the school to learn.

I will be notifying you with the days and session time your child(ren) will be register. I will be coordinating with Mrs. Gould and working session times around her summer school times. Please be sure to be checking out the school website also for updates on the Health Directives.

Just a reminder: The Grab and Go Lunches will be available at 12:00 when the last session is over.

Thank you and I am really excited to be seeing the kids. If you have any questions please feel free to call the school at (308) 935-1121 and ask for Lisa Miller or you can email me at Imiller@ansleyps.org.

2020 Summer Library Registration

Name of Student:		
Name of Student:		
Name of Student:		
Name of Student:		
Yes. My child will need a mask		
No. My child has his/her own mask	-	
Contact Information: Parent/Guardian Name(s):		
(Mom) Cell Phone: Home Phone:	(Dad) Cell Phone:	
Emergency Contact:		
Emergency Contact Persons Name:		
Emergency Contact Persons Cell Phone:		

(please finish filling out the back)

Will your child(ren) be walking home after their session: Yes	No,
if no who will be picking up your child(ren)	
The person picking up your child(ren) will need to wait outside by the main doors.	

Choose one or more of the following:

I would like to be contacted by:

_____ Text

____Call

_____ E-Mail

Please provide your email address (please print clearly, thanks)

Parent/	
Guardian Signature:	 Date:

Please Remember:

- Masks are recommended.
- The deadline has been extended to July 19th, so please consider sending your children.

Thank you, Mrs. Miller,



Class of 2020 Graduation



Graduation will take place on June 27th at 11:00 in the South Gym.

Due to health restrictions, only those who are invited by graduates (limit of 12 family members per graduate) will be able to attend the ceremony. The ceremony will be streamed so that the general public may watch it virtually. If the conditions of the current Directed Health Measure change prior to June 27th, adjustments will be made accordingly.

For those of you will be in attendance, please be aware of the following:

 Those who are sick or considered vulnerable are encouraged to stay home.

 Masks will be provided for those who would like to wear them.

 Guests and graduates must follow social distancing guidelines before, during, and after the ceremony.

 Guests will be asked to stay in their seats during the ceremony.

 There will be no formal receiving line at the end of the ceremony.



Thank you for your understanding.

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Using Alcohol as a Disinfectant Cleaning Spray

AVTO FOOD PANTRY

We will pack boxes of food, instead of bags.

The boxes will be on a first come, first serve basis.

The contents of the boxes will be based on donations and food pantry supply.

We will be open from 6:00-7:00 pm at our Food Pantry location-708 Main Street.

Food Pantry Dates:

June 18th July 16th Aug. 20th

HFITFR

SURANCI

Please/text 308-212-0302 if you would like to reserve a box for your family.

Things to keep in mind to safely use alcohol as a disinfectant:

- Do NOT mix alcohol with bleach-the combination produces chloroform, which can cause serious health issues.
- Do NOT use near flames or while smoking
- Use in a ventilated area-it evaporates quickly and creates potentially harmful vapors.

Rubbing alcohol can be used as a cleaner and disinfectant. The optimal concentration for cleaning/disinfecting is 70%. Higher percentages of alcohol actually make it less effective as a disinfectant.

If using 98-99% alcohol, please use the following method to dilute the product.

- 1. Pour 1-2/3 cups (14 oz.) of 98-99% alcohol into a spray bottle.
- 2. Add $\frac{1}{2}$ cup (4 oz. water
- 3. Swirl to mix
- 4. The alcohol is ready to use.

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<u>Jharrop.D397@Shelter</u> <u>Insurance.com</u>

